



**HRDC
CLAIMABLE**
10001254096

[ICP-LEA]

ICAGILE CERTIFIED PROFESSIONAL IN LEADING WITH AGILITY

A transformative three-day workshop that equips leaders with the skills needed to navigate and thrive in today's fast-paced, complex environment.





SYNOPSIS

In an era where rapid change is the only constant, how can leaders transform their organisations to thrive?

What new capabilities do today's leaders need to cultivate agility in their teams and organisations?

How can leaders balance innovation with organisational stability?

What roles do personal and relationship agility play in leading effective transformations?

Join our Certified ICP-LEA [Leading with Agility] workshop to explore these critical questions and equip yourself with the tools and techniques to lead your organisation through uncertainty and change.



RELEVANCE

The demands on leaders have evolved drastically in today's fast-paced, complex world. Traditional leadership and management practices are no longer sufficient to navigate the challenges of leading agile, innovative organisations.

This course is designed to address these needs by developing the personal, relational, and organisational agility required to lead effectively in today's environment. Through this workshop, leaders will gain the insights and skills needed to drive transformation, foster a culture of innovation, and lead their teams with agility.



KEY TAKEAWAYS

- **Master Agile Leadership:** Learn to cultivate a leadership style that supports agility, innovation, and continuous improvement.
- **Enhance Personal Agility:** Develop self-awareness, mindfulness, and a growth mindset to lead with purpose and resilience.
- **Foster Relationship Agility:** Improve your ability to navigate complex interpersonal dynamics and lead high-performing teams.
- **Drive Organisational Transformation:** Understand the principles and practices of leading transformational change within your organisation.
- **Become Certified ICP-LEA:** Upon successful completion, participants will receive the Certified ICP-LEA [Leading with Agility] certification, recognised globally by the agile community.



WHO SHOULD ATTEND

This program is essential for professionals from all walks of life, not just those who want to learn about agility but those who need to know it to stay competitive. It is ideal for:

- **Current and Aspiring Leaders:** Professionals in leadership roles who are looking to enhance their ability to lead agile teams and organisations.
- **Change Agents:** Individuals responsible for driving organisational change and transformation.
- **Agile Coaches and Practitioners:** Those seeking to deepen their understanding of agile leadership principles and practices.
- **HR and L&D Professionals:** Those involved in leadership development and organisational transformation initiatives.
- **Certified ICP-BAF participants:** Those who have successfully completed the ICP-BAF training. This would be another certification that will add value to your collective knowledge and practices in Agile Methodologies and Management.

PROGRAMME OUTLINE

DAY 1: THE WHY AND WHAT OF LEADING WITH AGILITY

NEW ORGANISATIONAL AND LEADERSHIP CAPABILITIES

- Understand the need for organisational agility and the capabilities required to foster innovation and adaptability

BEHAVIOURS THAT INCREASE AGILITY

- Explore the role of power, influence and leadership styles in creating an agile culture.

DAY 2: DEVELOPING PERSONAL AND RELATIONSHIP AGILITY

PERSONAL AGILITY

- Develop self-awareness, mindfulness and a growth mindset essential for agile leadership.

RELATIONSHIP AGILITY

- Learn how to manage relationships with emotional intelligence and navigate organisational systems as human ecosystems.

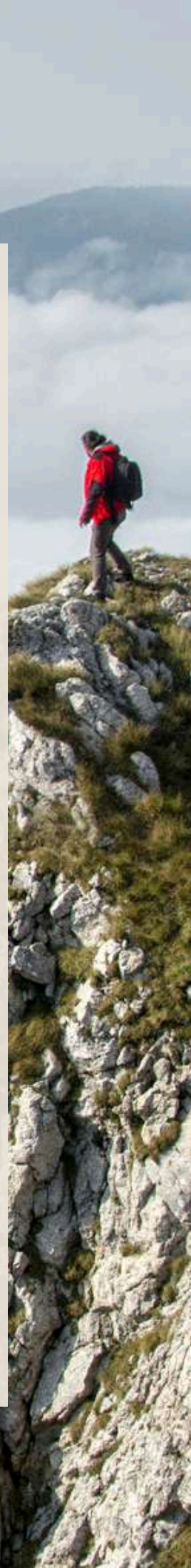
DAY 3: LEADING ORGANISATIONAL TRANSFORMATION

LEADING TO AGILITY

- Understand the nature of organisational transformation and why it is crucial for agility

LEADING CHANGE AND TRANSFORMATION

- Learn the difference between managing change and leading transformation and how to be an effective agent of change.



METHODOLOGY

This workshop will employ a blended learning approach that combines theoretical understanding with hands-on, experiential learning. Participants will engage in a proctored project activity involving the construction of a motor car or airplane. This project will serve as a practical demonstration of the different levels of low-fidelity and high-fidelity prototypes, allowing participants to apply agile leadership principles in real-time. The project will be conducted over the three days, with each day focusing on different aspects of leadership agility, culminating in a final reflection and debriefing session.

OUTCOME

By the end of this intensive three-day workshop, participants will have a solid foundation in leading with agility, equipped with the skills to foster innovation, drive transformational change and build resilient, high-performing teams. You will leave with a clear understanding of how to apply agile leadership principles to real-world challenges and a practical toolkit to continue developing your leadership capabilities. Additionally, you will have completed a hands-on project that demonstrates your ability to lead through complexity and uncertainty, reinforcing the learning outcomes with tangible experience. With the Certified ICP-LEA [Leading with Agility] certification, you'll be ready to lead your organisation confidently into the future.



TRAINER

DANIEL THEYAGU

Senior Managing Partner,
Lateral Solutions Consulting.

Daniel Theyagu is a seasoned professional with a strong track record in business analysis and facilitation. Having trained over 1,000 organizations across 70 countries, his global impact is significant. With expertise in Agile methodologies, Daniel empowers individuals to sharpen their critical thinking, problem-solving and communication skills, helping them confidently tackle complex business challenges. His deep understanding of the intricacies of business processes, coupled with his agile mindset, enables him to guide participants in navigating complex business challenges with confidence and agility.

With a rich background in Agile methodologies, business analysis and facilitation techniques, Daniel possesses the unique ability to empower individuals to enhance their critical thinking, problem-solving and communication skills within a business context. His deep understanding of the intricacies of business processes, coupled with his agile mindset, enables him to guide participants in navigating complex business challenges with confidence and agility.

Daniel's holistic approach to training encompasses not only the technical aspects of business analysis but also the crucial soft skills required for effective facilitation and stakeholder engagement. Through his engaging and interactive training sessions, Daniel fosters a collaborative learning environment where participants can apply practical tools and techniques to drive business success.

Moreover, Daniel's profound knowledge of human behavior, emotional intelligence and leadership principles adds a unique dimension to his coaching style, enabling him to inspire individuals to unlock their full potential and excel in their roles as business analysts and facilitators.

Participants of Daniel's workshop can expect to gain valuable insights, practical skills, and a newfound sense of confidence in their ability to drive business outcomes through effective analysis and facilitation. Daniel's personalized approach, combined with his wealth of experience across diverse industries and international settings, sets him apart as a transformative leader in the field of business analysis and facilitation.



TRAINER

SANDRA DANIEL

Senior Managing Partner,
Lateral Solutions Consulting.

Sandra Daniel is the Senior Managing Partner at Lateral Solutions Consulting, where she has dedicated the last three decades to transforming leadership and workplaces to be more adaptable, relevant, and nimble. Her expertise spans coaching, mentoring, consulting, facilitative training, and course development, making her a highly interactive and engaging international trainer and speaker.

Sandra specialises in influential leadership, coaching and mentoring, emotional intelligence, and communication. She holds a Master of Science in Training and Human Resource Management, a Bachelor of Arts in English and Business, and a Graduate Diploma in Communication and Innovation. Additionally, she is an ACTA Certified Trainer and holds multiple certifications that underline her versatile skill set.

As a certified coach with the International Coach Federation (ICF) at both the ACC and PCC levels, Sandra is well-versed in agile coaching and business agility. She is an ICAgile Certified Professional Coach and holds certifications in Leading with Agility and Agility in Enterprise from ICAgile. Her credentials also include Certified Agile Leader (Teams and Organisations) from SCRUM ALLIANCE and Certified SCRUM Master.

Her extensive qualifications include being a Certified Applied Neuroscience Coach, Certified Behavioural and Career Coach, and a Certified Six Seconds EQ Coach, Practitioner, Facilitator, Assessor, and Brain Profiler. Sandra is also a Certified Advanced Behavioural Analyst and DISC Accredited Administrator, Certified in Evaluating Truthfulness and Credibility, and an Enneagram Spectrum Practitioner and Coach.

Sandra's expertise is further enriched by her certifications as a Lean Six Sigma Black Belt, a Certified Facilitator in Design Leadership and Design Thinking, and a LEGO® SERIOUS PLAY® Certified Facilitator. She is also a Certified Stress Management Consultant and a Certified Critical Thinking and Research Analyst.

Sandra Daniel's comprehensive knowledge and experience in agile coaching, leadership, and business agility enable her to deliver impactful training and coaching sessions that drive meaningful change in organisations worldwide.

ABOUT US

Since 1996, Lifeskills Institute has established itself as the trusted and leading authority in life skills training and development. We partner with global institutions to deliver top-class, evidence-based solutions across Asia from leadership development, personality profiling, coaching to personal mastery. To date, we have transformed over 500,000 lives in the region.



MULTI-DIMENSIONAL & HIGHLY VERSATILE TOOL

Measures 3 other personality dimensions that lie beneath the surface of an individual that are equally critical to recognise.



VALIDATED, ACCURATE AND RELIABLE

All products and assessments are research-based with international statistical analysis reports



PATHWAY LEADING TO IN-DEPTH PROFESSIONAL DEVELOPMENT

A systematic approach to build your confidence for career coaching conversations



POST-CERTIFICATION SUPPORT & COACHING

Year-long access to DISC resources and coaching support

Lifeskills Institute provides comprehensive life skills and workplace solutions such as training, certification, profiling consultancy, research and resources for both the corporate and youth segments. Our Professional Division partners with corporations to empower their executives through professional development and mastery to achieve results and growth for their organisations, while our Youth Division engages with schools, institutions and educators to develop their students into effective leaders of their own lives and communities.

CERTIFICATION & TRAINING PROGRAMMES

PROFESSIONAL CERTIFICATION

Certified Behavioural Consultant (CBC)
Certified Advanced Behavioural Consultant (CABC)
Certified Career Coach (CCC)
Certified Stress Management Consultant (CSMC)

LEADERSHIP TRAINING

The Extraordinary Leader™
The Extraordinary Coach™
The Inspiring Leader™
Elevating Feedback™
Leadership Levers™
The Extraordinary Performer™
The Inspiring Leader™
Managers as Mentors
Manager to Leader
The Leadership Challenge®

TEAM-BUILDING

The Five Behaviours of a Cohesive Team®, Team Development

PUBLIC WORKSHOPS

DIScovering The Strengths in Me (1-day public workshop)
DICovering Your Selling Strengths (1-day public workshop)
DIScovering Me, DIScovering You (1/2 or 1-day public workshop)
Managing Stress Before It Manages You (1-day public workshop)
The Five Behaviours of a Cohesive Team™, Personal Development (1-day public workshop)



For solutions on personal, team and organisational growth and development, visit: www.lifeskillsinstitute.my.

LIFESKILLS LEADERSHIP SDN BHD

142-02, JALAN ADDA 7, TAMAN ADDA HEIGHT 81100 JOHOR BAHRU, JOHOR, MALAYSIA

ENQUIRY@LIFESKILLSINSTITUTE.MY | (60) 11 6280 0862