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ICAGILE CERTIFIED PROFESSIONAL IN BUSINESS AGILITY FOUNDATIONS

A three-day intensive workshop designed to equip professionals with the skills and mindset required to lead their organizations through the unpredictability of today's business world.





SYNOPSIS

Are you equipped to lead your organization through the unpredictable changes of today's business world?

How prepared are your teams to rapidly respond to market shifts and emerging customer needs?

What steps are you taking to foster a culture of continuous learning and innovation in your organisation?

Are you ready to transform your organization into a resilient and agile enterprise that thrives in a VUCA world?

In today's rapidly evolving business environment, the ability to adapt and thrive amidst volatility, uncertainty, complexity, and ambiguity (VUCA) is crucial. The "Business Agility Foundations" workshop is a comprehensive three-day training program designed to equip professionals with the skills and mindset necessary to foster agility within their organisations.

This program covers essential principles, frameworks, and practices that enable businesses to be more responsive, innovative, and customer focused. By developing new ways of thinking and behaving, participants will learn to navigate complex challenges and seize opportunities for growth and improvement.



RELEVANCE

The need for business agility is more critical than ever due to the fast-paced changes in technology, market conditions and customer expectations. This workshop is relevant for professionals across all industries who are looking to enhance their organisation's adaptability and resilience.

Whether you are in leadership, management, or a team member role, understanding and implementing agile practices can significantly impact your ability to contribute to and lead your organisation's transformation efforts.

KEY TAKEAWAYS

- **Enhanced Adaptability:** Learn to thrive in a VUCA environment by developing a growth mindset and new ways of thinking.
- **Improved Decision-Making:** Gain tools and techniques to make informed, agile decisions that drive value.
- **Increased Innovation:** Foster a culture of continuous learning and experimentation to stay ahead of market changes.
- **Stronger Team Dynamics:** Build high-performing, self-organizing teams that can lead innovation and improve customer satisfaction.
- **Operational Efficiency:** Implement frameworks that streamline processes, reduce waste, and enhance productivity.
- **Customer-Centric Focus:** Shift from output-driven to outcome-driven approaches to better understand and meet customer needs.



WHO SHOULD ATTEND

This program is essential for professionals from all walks of life, not just those who want to learn about agility but those who need to know it to stay competitive. It is ideal for:

- **Leaders and Executives:** To drive agile transformation and strategic vision within their organisations.
- **Managers and Team Leads:** To build and lead agile teams effectively.
- **Project Managers:** To adopt agile methodologies for better project outcomes.
- **HR and Organisational Development Professionals:** To cultivate an agile culture.
- **IT and Operations Professionals:** To implement agile practices in technical and operational processes.

PROGRAMME OUTLINE

DAY 1: SETTING THE SCENE FOR BUSINESS AGILITY

AWARENESS: THE NEED FOR BUSINESS AGILITY

- Drivers and criticality of business agility.
- Core foundational concepts in relevant business contexts.

VALUES, PRINCIPLES AND DIMENSIONS

- Enduring foundations of new values and principles.
- Role in cultivating new ways of thinking and working.

DAY 2: ENABLING BUSINESS AGILITY

NEW WAYS OF THINKING

- Developing a growth mindset.
- Recognising and managing blind spots, mental models and complexity.

NEW AND DIFFERENTIATING BEHAVIOURS

- Asking high-performance questions.
- Making value visible and practicing rapid experimentation.
- Managing dilemmas, paradoxes and polarities

DAY 3: IMPLEMENTING AND SUSTAINING BUSINESS AGILITY

FRAMEWORKS, TOOLS AND TECHNIQUES

- Lean systems thinking and lean startup methodologies.
- Design thinking approaches and kanban values.
- Iterative frameworks and practices.

BUSINESS AGILITY AS THE NEW NORMAL

- Creating space for optimal engagement and value creation.
- Action plans and tools to accelerate business agility.
- Continuous reinvention and measures of success.

METHODOLOGY

The "Business Agility Foundations" workshop employs a highly interactive and hands-on approach to ensure participants can apply the concepts learned in real-world scenarios. The methodology includes:

- **Lego® Serious Play®:** This innovative tool will be used to foster creativity, improve communication, and enhance problem-solving skills. Through structured exercises, participants will explore complex issues, develop shared understandings, and co-create solutions.
- **Building Tubes and Tangram Activities:** These hands-on exercises will be used to illustrate agile principles such as collaboration, iterative development, and rapid prototyping.
- **Role-Playing and Simulations:** Participants will engage in role-playing activities to practice new behaviors and techniques in a safe, supportive environment.
- **Group Discussions and Debriefings:** Facilitated discussions and debrief sessions will help participants reflect on their experiences, share insights, and consolidate learning.
- **Case Studies and Real-World Examples:** Real-life case studies will be used to demonstrate the application of agile practices and highlight key learning points.

OUTCOME

By the end of this workshop, participants will have a robust understanding of business agility, practical tools and techniques to apply in their organizations, and the confidence to lead and support agile transformation initiatives. This program is not just about learning agile concepts but embedding them into everyday practices to drive sustainable success and innovation.



TRAINER

DANIEL THEYAGU

Senior Managing Partner,
Lateral Solutions Consulting.

Daniel Theyagu is a seasoned professional with a strong track record in business analysis and facilitation. Having trained over 1,000 organizations across 70 countries, his global impact is significant. With expertise in Agile methodologies, Daniel empowers individuals to sharpen their critical thinking, problem-solving and communication skills, helping them confidently tackle complex business challenges. His deep understanding of the intricacies of business processes, coupled with his agile mindset, enables him to guide participants in navigating complex business challenges with confidence and agility.

With a rich background in Agile methodologies, business analysis and facilitation techniques, Daniel possesses the unique ability to empower individuals to enhance their critical thinking, problem-solving and communication skills within a business context. His deep understanding of the intricacies of business processes, coupled with his agile mindset, enables him to guide participants in navigating complex business challenges with confidence and agility.

Daniel's holistic approach to training encompasses not only the technical aspects of business analysis but also the crucial soft skills required for effective facilitation and stakeholder engagement. Through his engaging and interactive training sessions, Daniel fosters a collaborative learning environment where participants can apply practical tools and techniques to drive business success.

Moreover, Daniel's profound knowledge of human behavior, emotional intelligence and leadership principles adds a unique dimension to his coaching style, enabling him to inspire individuals to unlock their full potential and excel in their roles as business analysts and facilitators.

Participants of Daniel's workshop can expect to gain valuable insights, practical skills, and a newfound sense of confidence in their ability to drive business outcomes through effective analysis and facilitation. Daniel's personalized approach, combined with his wealth of experience across diverse industries and international settings, sets him apart as a transformative leader in the field of business analysis and facilitation.



TRAINER

SANDRA DANIEL

Senior Managing Partner,
Lateral Solutions Consulting.

Sandra Daniel is the Senior Managing Partner at Lateral Solutions Consulting, where she has dedicated the last three decades to transforming leadership and workplaces to be more adaptable, relevant, and nimble. Her expertise spans coaching, mentoring, consulting, facilitative training, and course development, making her a highly interactive and engaging international trainer and speaker.

Sandra specialises in influential leadership, coaching and mentoring, emotional intelligence, and communication. She holds a Master of Science in Training and Human Resource Management, a Bachelor of Arts in English and Business, and a Graduate Diploma in Communication and Innovation. Additionally, she is an ACTA Certified Trainer and holds multiple certifications that underline her versatile skill set.

As a certified coach with the International Coach Federation (ICF) at both the ACC and PCC levels, Sandra is well-versed in agile coaching and business agility. She is an ICAgile Certified Professional Coach and holds certifications in Leading with Agility and Agility in Enterprise from ICAgile. Her credentials also include Certified Agile Leader (Teams and Organisations) from SCRUM ALLIANCE and Certified SCRUM Master.

Her extensive qualifications include being a Certified Applied Neuroscience Coach, Certified Behavioural and Career Coach, and a Certified Six Seconds EQ Coach, Practitioner, Facilitator, Assessor, and Brain Profiler. Sandra is also a Certified Advanced Behavioural Analyst and DISC Accredited Administrator, Certified in Evaluating Truthfulness and Credibility, and an Enneagram Spectrum Practitioner and Coach.

Sandra's expertise is further enriched by her certifications as a Lean Six Sigma Black Belt, a Certified Facilitator in Design Leadership and Design Thinking, and a LEGO® SERIOUS PLAY® Certified Facilitator. She is also a Certified Stress Management Consultant and a Certified Critical Thinking and Research Analyst.

Sandra Daniel's comprehensive knowledge and experience in agile coaching, leadership, and business agility enable her to deliver impactful training and coaching sessions that drive meaningful change in organisations worldwide.

ABOUT US

Since 1996, Lifeskills Institute has established itself as the trusted and leading authority in life skills training and development. We partner with global institutions to deliver top-class, evidence-based solutions across Asia from leadership development, personality profiling, coaching to personal mastery. To date, we have transformed over 500,000 lives in the region.



MULTI-DIMENSIONAL & HIGHLY VERSATILE TOOL

Measures 3 other personality dimensions that lie beneath the surface of an individual that are equally critical to recognise.



VALIDATED, ACCURATE AND RELIABLE

All products and assessments are research-based with international statistical analysis reports



PATHWAY LEADING TO IN-DEPTH PROFESSIONAL DEVELOPMENT

A systematic approach to build your confidence for career coaching conversations



POST-CERTIFICATION SUPPORT & COACHING

Year-long access to DISC resources and coaching support

Lifeskills Institute provides comprehensive life skills and workplace solutions such as training, certification, profiling consultancy, research and resources for both the corporate and youth segments. Our Professional Division partners with corporations to empower their executives through professional development and mastery to achieve results and growth for their organisations, while our Youth Division engages with schools, institutions and educators to develop their students into effective leaders of their own lives and communities.

CERTIFICATION & TRAINING PROGRAMMES

PROFESSIONAL CERTIFICATION

Certified Behavioural Consultant (CBC)
Certified Advanced Behavioural Consultant (CABC)
Certified Career Coach (CCC)
Certified Stress Management Consultant (CSMC)

LEADERSHIP TRAINING

The Extraordinary Leader™
The Extraordinary Coach™
The Inspiring Leader™
Elevating Feedback™
Leadership Levers™
The Extraordinary Performer™
The Inspiring Leader™
Managers as Mentors
Manager to Leader
The Leadership Challenge®

TEAM-BUILDING

The Five Behaviours of a Cohesive Team®, Team Development

PUBLIC WORKSHOPS

DIScovering The Strengths in Me (1-day public workshop)
DICovering Your Selling Strengths (1-day public workshop)
DIScovering Me, DIScovering You (1/2 or 1-day public workshop)
Managing Stress Before It Manages You (1-day public workshop)
The Five Behaviours of a Cohesive Team™, Personal Development (1-day public workshop)



For solutions on personal, team and organisational growth and development, visit: www.lifeskillsinstitute.my.

LIFESKILLS LEADERSHIP SDN BHD

142-02, JALAN ADDA 7, TAMAN ADDA HEIGHT 81100 JOHOR BAHRU, JOHOR, MALAYSIA

ENQUIRY@LIFESKILLSINSTITUTE.MY | (60) 11 6280 0862