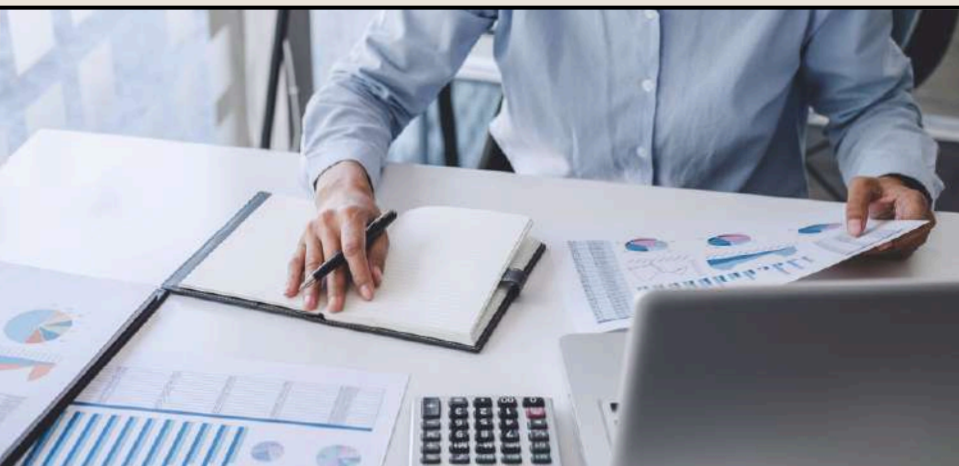


**HRDC
CLAIMABLE**
10001254096

[ICP-APM] ICAGILE CERTIFIED PROFESSIONAL AGILE PROJECT AND DELIVERY MANAGEMENT

A three-day workshop that empowers you to lead projects that deliver continuous value in today's fast-paced business environment



SYNOPSIS



In today's complex and ever-changing business environment, delivering the right products to market quickly and efficiently is no longer a luxury—it's a necessity.

- How can you ensure that your projects not only meet but exceed expectations, delivering continuous value in the face of uncertainty?
- What management practices can you adopt to foster high-performance teams that are empowered, self-organized, and capable of navigating the complexities of modern delivery environments?
- How do you balance the pressures of governance, risk management, and stakeholder expectations while still enabling agility and innovation?

Our Certified Agile Project and Delivery Manager (ICP-APM) workshop answers key questions about agile delivery. This course provides tools, techniques, and mindset shifts to lead projects that deliver real value. You will learn different delivery modes, how to optimize systems instead of micromanaging, and master adaptive planning and continuous feedback.

This isn't just a course—it's an opportunity to transform the way you approach project management and delivery. Whether you're looking to sharpen your skills, advance your career, or lead your organisation to new heights of agility, this workshop will provide you with the practical knowledge and hands-on experience you need. Don't miss out on the chance to become a certified leader in agile project and delivery management.

Join our Certified Agile Project and Delivery Manager (ICP-APM) workshop to explore these essential questions and gain the skills needed to lead agile projects successfully.



RELEVANCE

The landscape of project and delivery management is transforming as organisations move towards more agile and adaptive approaches. Traditional management practices often fall short in today's fast-paced, unpredictable environments.

This course is designed to equip you with the knowledge and skills required to manage agile projects effectively, ensuring that your team delivers value continuously and responds adeptly to change. Through this workshop, you will learn how to apply agile principles to manage systems, empower teams and optimize delivery in alignment with organizational goals



KEY TAKEAWAYS

- **Master Agile Delivery Management:** Understand and implement the key principles of agile project and delivery management, focusing on value-driven delivery and adaptive planning.
- **Enhance Team Performance:** Learn how to create a safe and empowering environment for your team, fostering high performance and accountability.
- **Navigate Complex Environments:** Develop the skills to manage delivery systems, navigate governance and compliance, and leverage constraints creatively.
- **Drive Continuous Value Delivery:** Gain insights into delivering incremental value, optimising the whole system and effectively managing risks and dependencies.
- **Become Certified ICP-APM:** Upon successful completion, participants will receive the Certified Agile Project and Delivery Manager (ICP-APM) certification, recognized globally by the agile community.



WHO SHOULD ATTEND

This program is essential for professionals from all walks of life, not just those who want to learn about agility but those who need to know it to stay competitive. It is ideal for:

- **Project and Delivery Managers:** Professionals responsible for ensuring effective delivery of products and managing projects in agile environments.
- **Scrum Masters and Agile Team Leads:** Those looking to expand their role in delivery management and agile project leadership.
- **Portfolio Managers and Release Train Engineers:** Individuals managing multiple projects or coordinating across teams in scaled agile frameworks.
- **Business and Enterprise Architects:** Those involved in aligning project delivery with business objectives and strategies.
- **Managers at Any Level:** Leaders seeking to adapt their management style to better support agile delivery and continuous improvement.
- **ICF-ACC and PCC Coaches:** This course offers valuable insights into managing agile projects that align with the competencies required for ICF certification, enhancing your coaching capabilities in agile environments.

PROGRAMME OUTLINE



DAY 1: INTRODUCTION TO AGILE DELIVERY MANAGEMENT

AGILITY AND MANAGEMENT

- Understand the impact of agility on traditional management roles and processes, including the shift towards value-driven delivery.

DELIVERY MODES

- Learn about different delivery modes—project, product and no project—and how to apply them based on context.

DAY 2: MANAGING THE SYSTEM AND EMPOWERING THE TEAM

SYSTEM OPTIMISATION

- Explore techniques for managing the delivery system rather than individuals, focusing on optimising flow and actionable metrics.

EMPOWERING HIGH-PERFORMANCE TEAMS

- Learn how to create a psychologically safe environment, foster team accountability and lead by example.

DAY 3: CONTINUOUS VALUE DELIVERY AND ADAPTIVE PLANNING

DELIVERING VALUE CONTINUOUSLY

- Dive into incremental value delivery, outcome-focused success, and leveraging constraints to enhance creativity and innovation.

ADAPTIVE PLANNING AND MONITORING

- Develop skills in adaptive planning, updating plans based on feedback and maintaining transparency through effective communication and visualization.

METHODOLOGY

Throughout the workshop, learners will be engaged in an agile project that mirrors the process of how an agile project unfolds in real-world scenarios. This hands-on approach provides a first-hand experience of managing an agile project from inception to delivery, covering all key aspects such as planning, execution, monitoring, and adaptation.

Participants will actively apply the concepts learned each day to their project, gaining practical insights into the dynamics of agile project and delivery management. This immersive learning experience ensures that participants not only understand agile principles but also know how to implement them effectively in their roles.

OUTCOME

By the end of this three-day workshop, participants will have a comprehensive understanding of agile project and delivery management, equipped with the skills to lead projects that deliver continuous value in a complex environment. You will have hands-on experience managing an agile project, learning how to adapt plans, manage risks and optimise delivery systems.

Additionally, you will be prepared to create and support high-performance teams, enabling them to thrive in agile contexts. With the Certified Agile Project and Delivery Manager (ICP-APM) certification, you will be ready to take on the challenges of modern project delivery and drive successful outcomes for your organisation.



TRAINER

DANIEL THEYAGU

Senior Managing Partner,
Lateral Solutions Consulting.

Daniel Theyagu is a seasoned professional with a strong track record in business analysis and facilitation. Having trained over 1,000 organizations across 70 countries, his global impact is significant. With expertise in Agile methodologies, Daniel empowers individuals to sharpen their critical thinking, problem-solving and communication skills, helping them confidently tackle complex business challenges. His deep understanding of the intricacies of business processes, coupled with his agile mindset, enables him to guide participants in navigating complex business challenges with confidence and agility.

With a rich background in Agile methodologies, business analysis and facilitation techniques, Daniel possesses the unique ability to empower individuals to enhance their critical thinking, problem-solving and communication skills within a business context. His deep understanding of the intricacies of business processes, coupled with his agile mindset, enables him to guide participants in navigating complex business challenges with confidence and agility.

Daniel's holistic approach to training encompasses not only the technical aspects of business analysis but also the crucial soft skills required for effective facilitation and stakeholder engagement. Through his engaging and interactive training sessions, Daniel fosters a collaborative learning environment where participants can apply practical tools and techniques to drive business success.

Moreover, Daniel's profound knowledge of human behavior, emotional intelligence and leadership principles adds a unique dimension to his coaching style, enabling him to inspire individuals to unlock their full potential and excel in their roles as business analysts and facilitators.

Participants of Daniel's workshop can expect to gain valuable insights, practical skills, and a newfound sense of confidence in their ability to drive business outcomes through effective analysis and facilitation. Daniel's personalized approach, combined with his wealth of experience across diverse industries and international settings, sets him apart as a transformative leader in the field of business analysis and facilitation.



TRAINER

SANDRA DANIEL

Senior Managing Partner,
Lateral Solutions Consulting.

Sandra Daniel is the Senior Managing Partner at Lateral Solutions Consulting, where she has dedicated the last three decades to transforming leadership and workplaces to be more adaptable, relevant, and nimble. Her expertise spans coaching, mentoring, consulting, facilitative training, and course development, making her a highly interactive and engaging international trainer and speaker.

Sandra specialises in influential leadership, coaching and mentoring, emotional intelligence, and communication. She holds a Master of Science in Training and Human Resource Management, a Bachelor of Arts in English and Business, and a Graduate Diploma in Communication and Innovation. Additionally, she is an ACTA Certified Trainer and holds multiple certifications that underline her versatile skill set.

As a certified coach with the International Coach Federation (ICF) at both the ACC and PCC levels, Sandra is well-versed in agile coaching and business agility. She is an ICAgile Certified Professional Coach and holds certifications in Leading with Agility and Agility in Enterprise from ICAgile. Her credentials also include Certified Agile Leader (Teams and Organisations) from SCRUM ALLIANCE and Certified SCRUM Master.

Her extensive qualifications include being a Certified Applied Neuroscience Coach, Certified Behavioural and Career Coach, and a Certified Six Seconds EQ Coach, Practitioner, Facilitator, Assessor, and Brain Profiler. Sandra is also a Certified Advanced Behavioural Analyst and DISC Accredited Administrator, Certified in Evaluating Truthfulness and Credibility, and an Enneagram Spectrum Practitioner and Coach.

Sandra's expertise is further enriched by her certifications as a Lean Six Sigma Black Belt, a Certified Facilitator in Design Leadership and Design Thinking, and a LEGO® SERIOUS PLAY® Certified Facilitator. She is also a Certified Stress Management Consultant and a Certified Critical Thinking and Research Analyst.

Sandra Daniel's comprehensive knowledge and experience in agile coaching, leadership, and business agility enable her to deliver impactful training and coaching sessions that drive meaningful change in organisations worldwide.

ABOUT US

Since 1996, Lifeskills Institute has established itself as the trusted and leading authority in life skills training and development. We partner with global institutions to deliver top-class, evidence-based solutions across Asia from leadership development, personality profiling, coaching to personal mastery. To date, we have transformed over 500,000 lives in the region.



MULTI-DIMENSIONAL & HIGHLY VERSATILE TOOL

Measures 3 other personality dimensions that lie beneath the surface of an individual that are equally critical to recognise.



VALIDATED, ACCURATE AND RELIABLE

All products and assessments are research-based with international statistical analysis reports



PATHWAY LEADING TO IN-DEPTH PROFESSIONAL DEVELOPMENT

A systematic approach to build your confidence for career coaching conversations



POST-CERTIFICATION SUPPORT & COACHING

Year-long access to DISC resources and coaching support

Lifeskills Institute provides comprehensive life skills and workplace solutions such as training, certification, profiling consultancy, research and resources for both the corporate and youth segments. Our Professional Division partners with corporations to empower their executives through professional development and mastery to achieve results and growth for their organisations, while our Youth Division engages with schools, institutions and educators to develop their students into effective leaders of their own lives and communities.

CERTIFICATION & TRAINING PROGRAMMES

PROFESSIONAL CERTIFICATION

Certified Behavioural Consultant (CBC)
Certified Advanced Behavioural Consultant (CABC)
Certified Career Coach (CCC)
Certified Stress Management Consultant (CSMC)

LEADERSHIP TRAINING

The Extraordinary Leader™
The Extraordinary Coach™
The Inspiring Leader™
Elevating Feedback™
Leadership Levers™
The Extraordinary Performer™
The Inspiring Leader™
Managers as Mentors
Manager to Leader
The Leadership Challenge®

TEAM-BUILDING

The Five Behaviours of a Cohesive Team®, Team Development

PUBLIC WORKSHOPS

DIScovering The Strengths in Me (1-day public workshop)
DICovering Your Selling Strengths (1-day public workshop)
DIScovering Me, DIScovering You (1/2 or 1-day public workshop)
Managing Stress Before It Manages You (1-day public workshop)
The Five Behaviours of a Cohesive Team™, Personal Development (1-day public workshop)



For solutions on personal, team and organisational growth and development, visit: www.lifeskillsinstitute.my.

LIFESKILLS LEADERSHIP SDN BHD

142-02, JALAN ADDA 7, TAMAN ADDA HEIGHT 81100 JOHOR BAHRU, JOHOR, MALAYSIA

ENQUIRY@LIFESKILLSINSTITUTE.MY | (60) 11 6280 0862