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[ICP-ATF]

ICAGILE CERTIFIED PROFESSIONAL AGILE TEAM FACILITATION

A three-day workshop designed to transform your approach to leading Agile teams. Led by an authorized ICAgile facilitator, this course will teach you how to move beyond simply managing meetings to becoming a true catalyst for team success.



SYNOPSIS

Are you facing challenges in guiding your Agile teams to work cohesively and effectively?

Do your team meetings sometimes feel unproductive, with dominant voices overshadowing quieter yet valuable contributions?

Are you looking for ways to transform routine Agile ceremonies into dynamic sessions that foster innovation, commitment, and continuous improvement?

Our three-day workshop on Agile Team Facilitation Mastery is designed to address these challenges head-on.

In this course, you'll explore how to move beyond simply managing meetings to becoming a catalyst for team success. You will learn to create an environment where every team member is engaged, conversations are meaningful, and decisions are made collaboratively and effectively. By mastering the art of facilitation, you'll enable your teams to overcome obstacles, enhance their communication, and ultimately deliver higher value in their Agile projects.

This workshop is not just about learning techniques; it's about transforming your approach to team facilitation. Whether you're leading a new Agile team or working with seasoned practitioners, this course will equip you with the skills to foster a culture of continuous improvement, innovation, and trust. Your role as a facilitator will evolve from managing interactions to empowering your teams to achieve their full potential.

Join our Certified Agile Team Facilitation Certification (ICP-ATF) workshop and become the facilitator your teams need to thrive in today's face-paced Agile environments.



RELEVANCE

This course is designed for Agile practitioners who are committed to advancing their facilitation skills as part of their continuous learning journey. Whether you have completed ICP-BAF, ICP-LEA, ICP-APM, or ICP-ACC, this workshop is the perfect next step in your Agile coaching and facilitation journey.

Facilitating teams in an Agile environment requires a unique set of skills and mindsets that go beyond the basics of Agile practices. This course will equip you with the advanced facilitation techniques necessary to support your teams in achieving their full potential.



KEY TAKEAWAYS

- **Enhanced Facilitation Skills:** Gain practical tools and techniques to design and facilitate effective Agile meetings, ensuring your teams are aligned, engaged, and productive.
- **Improved Team Collaboration:** Learn how to create collaborative spaces where team members can communicate openly, share ideas, and make decisions together.
- **Effective Decision-Making:** Understand how to guide your teams through decision-making processes that foster commitment and action.
- **Adaptability:** Develop the ability to adjust your facilitation style to meet the needs of teams at different levels of maturity.
- **Practical Experience:** Participate in hands-on activities that allow you to practice and refine your facilitation skills in a safe and supportive environment.



WHO SHOULD ATTEND

This workshop is ideal for Agile practitioners who have completed the foundational courses in Agile coaching (ICP-BAF, ICP-LEA, ICP-APM, ICP-ACC) and are looking to deepen their facilitation expertise.

It is also a standalone workshop suitable for Agile team facilitators, Scrum Masters, Agile Coaches, and anyone involved in facilitating Agile teams who wants to enhance their skills and impact.

PROGRAMME OUTLINE

DAY 1: DEVELOPING THE AGILE TEAM FACILITATION MINDSET

- Understanding the Agile Team Facilitation role and mindset.
- Exploring the beliefs and principles that underpin effective facilitation.
- Practicing self-awareness and self-management as a facilitator.

DAY 2: CORE FACILITATION SKILLS AND TECHNIQUES

- Defining the purpose and outcomes of meetings.
- Designing meeting flows that achieve desired outcomes.
- Maintaining neutrality and creating collaborative spaces.
- Facilitating full participation and managing group dynamics.

DAY 3: ADVANCED FACILITATION IN AGILE PRACTICES

- Facilitating key Agile ceremonies such as Retrospectives and Stand-ups.
- Adapting facilitation techniques based on team maturity and needs.
- Practicing facilitation skills in simulated Agile meetings.
- Reflecting on facilitation experiences and receiving feedback for improvement

METHODOLOGY

This workshop is highly interactive and experiential, incorporating a variety of activities that cater to different learning styles. We will use Lego Serious Play, role-playing, and real-life scenarios to simulate the challenges and opportunities you will face as an Agile team facilitator. You will also engage in group discussions, peer coaching, and reflective exercises to deepen your understanding and application of facilitation techniques. By the end of the workshop, you will have the confidence and skills to lead your teams to success in any Agile environment.

OUTCOME

By the end of this three-day workshop, you will have mastered the essential facilitation skills needed to lead Agile teams with confidence and impact. You will walk away with practical experience, actionable insights, and the ability to create a collaborative environment where teams thrive. You'll be equipped not only to conduct more effective meetings but also to foster a culture of continuous improvement and innovation within your teams, setting them up for sustained success.



TRAINER

DANIEL THEYAGU

Senior Managing Partner,
Lateral Solutions Consulting.

Daniel Theyagu is a seasoned professional with a strong track record in business analysis and facilitation. Having trained over 1,000 organizations across 70 countries, his global impact is significant. With expertise in Agile methodologies, Daniel empowers individuals to sharpen their critical thinking, problem-solving and communication skills, helping them confidently tackle complex business challenges. His deep understanding of the intricacies of business processes, coupled with his agile mindset, enables him to guide participants in navigating complex business challenges with confidence and agility.

With a rich background in Agile methodologies, business analysis and facilitation techniques, Daniel possesses the unique ability to empower individuals to enhance their critical thinking, problem-solving and communication skills within a business context. His deep understanding of the intricacies of business processes, coupled with his agile mindset, enables him to guide participants in navigating complex business challenges with confidence and agility.

Daniel's holistic approach to training encompasses not only the technical aspects of business analysis but also the crucial soft skills required for effective facilitation and stakeholder engagement. Through his engaging and interactive training sessions, Daniel fosters a collaborative learning environment where participants can apply practical tools and techniques to drive business success.

Moreover, Daniel's profound knowledge of human behavior, emotional intelligence and leadership principles adds a unique dimension to his coaching style, enabling him to inspire individuals to unlock their full potential and excel in their roles as business analysts and facilitators.

Participants of Daniel's workshop can expect to gain valuable insights, practical skills, and a newfound sense of confidence in their ability to drive business outcomes through effective analysis and facilitation. Daniel's personalized approach, combined with his wealth of experience across diverse industries and international settings, sets him apart as a transformative leader in the field of business analysis and facilitation.



TRAINER

SANDRA DANIEL

Senior Managing Partner,
Lateral Solutions Consulting.

Sandra Daniel is the Senior Managing Partner at Lateral Solutions Consulting, where she has dedicated the last three decades to transforming leadership and workplaces to be more adaptable, relevant, and nimble. Her expertise spans coaching, mentoring, consulting, facilitative training, and course development, making her a highly interactive and engaging international trainer and speaker.

Sandra specialises in influential leadership, coaching and mentoring, emotional intelligence, and communication. She holds a Master of Science in Training and Human Resource Management, a Bachelor of Arts in English and Business, and a Graduate Diploma in Communication and Innovation. Additionally, she is an ACTA Certified Trainer and holds multiple certifications that underline her versatile skill set.

As a certified coach with the International Coach Federation (ICF) at both the ACC and PCC levels, Sandra is well-versed in agile coaching and business agility. She is an ICAgile Certified Professional Coach and holds certifications in Leading with Agility and Agility in Enterprise from ICAgile. Her credentials also include Certified Agile Leader (Teams and Organisations) from SCRUM ALLIANCE and Certified SCRUM Master.

Her extensive qualifications include being a Certified Applied Neuroscience Coach, Certified Behavioural and Career Coach, and a Certified Six Seconds EQ Coach, Practitioner, Facilitator, Assessor, and Brain Profiler. Sandra is also a Certified Advanced Behavioural Analyst and DISC Accredited Administrator, Certified in Evaluating Truthfulness and Credibility, and an Enneagram Spectrum Practitioner and Coach.

Sandra's expertise is further enriched by her certifications as a Lean Six Sigma Black Belt, a Certified Facilitator in Design Leadership and Design Thinking, and a LEGO® SERIOUS PLAY® Certified Facilitator. She is also a Certified Stress Management Consultant and a Certified Critical Thinking and Research Analyst.

Sandra Daniel's comprehensive knowledge and experience in agile coaching, leadership, and business agility enable her to deliver impactful training and coaching sessions that drive meaningful change in organisations worldwide.

ABOUT US

Since 1996, Lifeskills Institute has established itself as the trusted and leading authority in life skills training and development. We partner with global institutions to deliver top-class, evidence-based solutions across Asia from leadership development, personality profiling, coaching to personal mastery. To date, we have transformed over 500,000 lives in the region.



MULTI-DIMENSIONAL & HIGHLY VERSATILE TOOL

Measures 3 other personality dimensions that lie beneath the surface of an individual that are equally critical to recognise.



VALIDATED, ACCURATE AND RELIABLE

All products and assessments are research-based with international statistical analysis reports



PATHWAY LEADING TO IN-DEPTH PROFESSIONAL DEVELOPMENT

A systematic approach to build your confidence for career coaching conversations



POST-CERTIFICATION SUPPORT & COACHING

Year-long access to DISC resources and coaching support

Lifeskills Institute provides comprehensive life skills and workplace solutions such as training, certification, profiling consultancy, research and resources for both the corporate and youth segments. Our Professional Division partners with corporations to empower their executives through professional development and mastery to achieve results and growth for their organisations, while our Youth Division engages with schools, institutions and educators to develop their students into effective leaders of their own lives and communities.

CERTIFICATION & TRAINING PROGRAMMES

PROFESSIONAL CERTIFICATION

Certified Behavioural Consultant (CBC)
Certified Advanced Behavioural Consultant (CABC)
Certified Career Coach (CCC)
Certified Stress Management Consultant (CSMC)

LEADERSHIP TRAINING

The Extraordinary Leader™
The Extraordinary Coach™
The Inspiring Leader™
Elevating Feedback™
Leadership Levers™
The Extraordinary Performer™
The Inspiring Leader™
Managers as Mentors
Manager to Leader
The Leadership Challenge®

TEAM-BUILDING

The Five Behaviours of a Cohesive Team®, Team Development

PUBLIC WORKSHOPS

DIScovering The Strengths in Me (1-day public workshop)
DICovering Your Selling Strengths (1-day public workshop)
DIScovering Me, DIScovering You (1/2 or 1-day public workshop)
Managing Stress Before It Manages You (1-day public workshop)
The Five Behaviours of a Cohesive Team™, Personal Development (1-day public workshop)



For solutions on personal, team and organisational growth and development, visit: www.lifeskillsinstitute.my.

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